



Cowichan Women Against Violence Society



COMMUNITY BASED VICTIM SERVICES

Providing free and confidential assistance to victims of emotional, physical or sexualized abuse and/or violence. CBVS workers can provide information about the justice system and safety planning, practical help, emotional support and, where appropriate, referrals to other programs. Self-referrals accepted.

Assistance Programs Available For:

- Relationship Violence
- Child Sexual Abuse
- Adult Sexual Abuse
- Sexual Assault
- Elder Abuse
- Criminal Harassment (Stalking)



Ministry of Justice

You Are Not Alone

Our Victim Services Workers can provide emotional support for survivors and help you create a plan best suited to your strengths in coping with challenges. We can also help you gain a better understanding of the criminal justice system as it relates to your situation. We work with survivors to ensure there is a foundation of knowledge and practical tools so you can feel supported along the entire process in seeking justice or healing.

How We Can Help

- Educating on the Dynamics of Abuse
- Developing Safety Plans
- Assistance to Hospital and RCMP Reporting
- Assistance with Criminal Justice Applications
- Support with Victim Impact Statement
- Support in Court and with Court Procedures
- Explanation of Arrest and Charges
- Explanation of Rights for Everyone Involved Including Probation, Parole, and Protective Orders
- Support When Meeting Crown Counsel and Explanation of Justice System Representative Roles
- Referrals to Community Programs

If You Are in Crisis, Call the Vancouver Island Crisis line at 1.888.494.3888

You can also connect with the following community services:

- VictimLink BC 1.800.563.0808
- Crisis Text 250.800.3806
- Crisis Chat www.vicrisis.ca
- Kwan'atsustul Services 778.422.3122
- RCMP Victim Services Duncan 250.746.2160



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